



Youth Swimming

FOR REZ KIDS AGED 9 & OLDER

The Fort McDermitt Wellness Center and the Winnemucca Boys and Girls Club have teamed up to provide swimming for tribal youth at the Bode Howard Memorial Swimming Pool in Winnemucca.

Every **THURSDAYS** we will provide transportation for up to 10 youth. Hey! *Rez Kids* we need permission from your parents or guardians before we can take you, so have them call us to sign you up.

The Wellness Center Van departs from the Clinic at 11:00 a.m. so be here early and come prepared with your swimming suit, money for food or bring a sack lunch.

The swimming takes place between 1pm and 3pm, so we should return to the reservation around 4:30 pm the latest.



TAKE THE PLUNGE: GET INTO SWIMMING

Hey Rez Kids—have your parents/guardians sign you up at the Wellness Center with Patient Registration by calling 532-8522