



JULY 20, 2018 *REZ KIDS* - DIABETES AND HEALTH CLASS

Diabetes Awareness and Education Information

The Fort McDermitt Wellness Center is pleased to announce summer events for the *Rez Kids* – the Diabetes and Health Class is an educational forum for our tribal youth to learn about diabetes and preparing healthy meals. Native youth, aged 10-19, are rated 9 times higher to be diagnosed with type 2 diabetes compared to other youth.



presentation by
Dr. Jacqueline Bae, Director
and
WELLNESS CENTER STAFF

**DIABETES AND
NUTRITIONAL MEAL
PREPARATION**

**HEY *REZ KIDS*
COME AND LEARN
ABOUT HEALTHY
EATING**

FUN RAFFLE PRIZES

**COMMUNITY
MEMBERS AND
PARENTS WELCOME**

**IT ALL HAPPENS
10:30 TO 11:30**

**MORE INFO –
(775) 532-8522**

**FORT MCDERMITT
WELLNESS CENTER**

112 N Reservation Road
Fort McDermitt, Nevada